## THAT WHICH IS CLAIMED IS:

1. A stabilized HSA-free pharmaceutical composition comprising substantially monomeric interferon-beta (IFN-β) or biologically active variant thereof solubilized in a low-ionic-strength formulation, wherein said low-ionic-strength formulation is a solution that comprises a buffer in an amount sufficient to maintain the pH of said composition within plus or minus 0.5 units of a specified pH, where the specified pH is about 3.0 to about 5.0, said formulation having an ionic strength that is not greater than about 60 mM.

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- 2. The composition of claim 1, wherein said buffer is present at a concentration of about 1 mM to about 30 mM.
- 3. The composition of claim 2, wherein said buffer is present at a concentration of about 1 mM to about 10 mM.
  - 4. The composition of claim 3, wherein said buffer is present at a concentration of about 2 mM to about 7 mM.

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- 5. The composition of claim 4, wherein said buffer is present at a concentration of about 2 to about 5 mM.
- 6. The composition of claim 5, wherein said buffer is present at a concentration of about 5 mM.

- 7. The composition of claim 1, wherein said specified pH is about 3.0 and wherein said buffer is glycine.
- 8. The composition of claim 1, wherein said specified pH is about 4.0 and wherein said buffer is aspartic acid.

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- 9. The composition of claim 1, wherein said specified pH is about 5.0 and wherein said buffer is sodium succinate.
- 10. The composition of claim 6, wherein said specified pH is about 3.0 and 5 wherein said buffer is glycine.
  - 11. The composition of claim 6, wherein said specified pH is about 4.0 and wherein said buffer is aspartic acid.
- 10 12. The composition of claim 6, wherein said specified pH is about 5.0 and wherein said buffer is sodium succinate.
  - 13. The composition of claim 1, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
  - 14. The composition of claim 1, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.
  - 15. The composition of claim 1, further comprising an amount of a non-ionic tonicifying agent sufficient to render said composition isotonic, wherein said non-ionic tonicifying agent is trehalose.
- 25 16. The composition of claim 15, wherein said trehalose is present at a concentration of about 9% by weight per volume.
  - 17. The composition of claim 15, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.

18. The composition of claim 15, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.

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19. The composition of claim 10, further comprising an amount of a non-ionic tonicifying agent sufficient to render the composition isotonic, wherein said non-ionic tonicifying agent is trehalose.

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- 20. The composition of claim 19, wherein said trehalose is present at a concentration of about 9% by weight per volume.
- 21. The composition of claim 19, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
- 22. The composition of claim 19, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.

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23. The composition of claim 11, further comprising an amount of a non-ionic tonicifying agent sufficient to render the composition isotonic, wherein said non-ionic tonicifying agent is trehalose.

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- 24. The composition of claim 23, wherein said trehalose is present at a concentration of about 9% by weight per volume.
- 25. The composition of claim 23, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.

26. The composition of claim 23, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.

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27. The composition of claim 12, further comprising an amount of a non-ionic tonicifying agent sufficient to render the composition isotonic, wherein said non-ionic tonicifying agent is trehalose.

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28. The composition of claim 27, wherein said trehalose is present at a concentration of about 9% by weight per volume.

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29. The composition of claim 27, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.

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30. The composition of claim 27, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.

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31. The composition of claim 1, wherein said IFN- $\beta$  is the polypeptide with the amino acid sequence of mature native IFN- $\beta$  or biologically active variant thereof.

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32. The composition of claim 31, wherein said IFN- $\beta$  is recombinantly produced.

33. The composition of claim 32, wherein said IFN- $\beta$  is glycosylated or unglycosylated.

- 34. The composition of claim 33, wherein said IFN- $\beta$  is unglycosylated human IFN- $\beta$  (hIFN- $\beta$ ) or biologically active mutein thereof.
  - 35. The composition of claim 34, wherein said mutein is hIFN- $\beta_{ser17}$ .

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- 36. A stabilized HSA-free pharmaceutical composition comprising substantially monomeric interferon-beta (IFN-β) or biologically active variant thereof solubilized in a low-ionic-strength formulation, wherein said low-ionic-strength formulation is a solution that comprises a buffer selected from the group consisting of glycine, aspartic acid, or sodium succinate present at a concentration of about 1 mM to about 10 mM, said composition having a pH of about 3.0 to about 5.0, and wherein said formulation has an ionic-strength that is not greater than about 60 mM.
- 37. The composition of claim 36, wherein said IFN-β is recombinant human IFN-β (rhIFN-β) or biologically active mutein thereof.
  - 38. The composition of claim 37, wherein said rhIFN- $\beta$  or biologically active mutein thereof is unglycosylated.
- 39. The composition of claim 38, wherein said mutein is hIFN-β<sub>ser17</sub>.
  - 40. The composition of claim 36, wherein said rhIFN- $\beta$  is present at a concentration of about 0.01 mg/ml to about 20.0 mg/ml.
- 25 41. The composition of claim 36, wherein said buffer is glycine, said glycine being present at a concentration of about 5 mM, and wherein said composition has a pH of about 3.0.

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- 42. The composition of claim 41 further comprising about 9% trehalose by weight per volume.
- 43. The composition of claim 36, wherein said buffer is aspartic acid, said aspartic acid being present at a concentration of about 5 mM, and wherein said composition has a pH of about 4.0.
  - 44. The composition of claim 43 further comprising about 9% trehalose by weight per volume.

45. The composition of claim 36, wherein said buffer is sodium succinate, said sodium succinate being present at a concentration of about 5 mM, and wherein said

composition has a pH of about 5.0.

46. The composition of claim 45, further comprising about 9% trehalose by weight per volume.

- 47. The composition of claim 36, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
- 48. The composition of claim 36, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.
- 49. The composition of claim 41, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.

- 50. The composition of claim 41, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.
- 5 51. The composition of claim 43, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
- 52. The composition of claim 43, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.
  - 53. The composition of claim 45, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
  - 54. The composition of claim 45, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.
  - 55. The composition of claim 42, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
- 56. The composition of claim 42, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.

- 57. The composition of claim 44, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
- 5 58. The composition of claim 44, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.
- 59. The composition of claim 46, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
  - 60. The composition of claim 46, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.
  - 61. A stabilized HSA-free pharmaceutical composition comprising substantially monomeric human interferon-beta (IFN-β) or biologically active mutein thereof solubilized in a low-ionic-strength formulation, wherein said low-ionic-strength formulation is a solution that comprises glycine as a buffer, where said buffer is present at a concentration of about 2 mM to about 5 mM, said composition having a pH of about 3.0 to about 4.0, and wherein said formulation has an ionic-strength that is not greater than about 40 mM.
- 25 62. The composition of claim 61, wherein said rhIFN-β or biologically active mutein thereof is unglycosylated.
  - 63. The composition of claim 62, wherein said mutein is hIFN- $\beta_{ser17}$ .

- 64. The composition of claim 63, wherein said buffer is present at a concentration of about 5 mM, said pH is about 3.0, and said ionic-strength is not greater than about 20 mM.
- 5 65. The composition of claim 61, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
- 66. The composition of claim 61, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.
  - 67. The composition of claim 61, further comprising about 9% trehalose by weight per volume.
  - 68. A stabilized HSA-free pharmaceutical composition comprising substantially monomeric human interferon-beta (IFN-β) or biologically active mutein thereof solubilized in a low-ionic-strength formulation, wherein said low-ionic-strength formulation is a solution that comprises aspartic acid as a buffer, where said buffer is present at a concentration of about 2 mM to about 5 mM, said composition having a pH of about 3.5 to about 4.5, and wherein said formulation has an ionic-strength that is not greater than about 40 mM.
- 69. The composition of claim 68, wherein said rhIFN-β or biologically active
   25 mutein thereof is unglycosylated.
  - 70. The composition of claim 69, wherein said mutein is hIFN-B<sub>ser17</sub>.

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- 71. The composition of claim 68, wherein said buffer is present at a concentration of about 5 mM, said pH is about 4.0, and said ionic-strength is not greater than about 20 mM.
- The composition of claim 68, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
- 73. The composition of claim 68, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.
  - 74. The composition of claim 68, further comprising about 9% trehalose by weight per volume.
  - 75. A stabilized HSA-free pharmaceutical composition comprising substantially monomeric human interferon-beta (IFN-β) or biologically active mutein thereof solubilized in a low-ionic-strength formulation, wherein said low-ionic-strength formulation is a solution that comprises sodium succinate as a buffer, where said buffer is present at a concentration of about 2 mM to about 5 mM, said composition having a pH of about 4.5 to about 5.0, and wherein said formulation has an ionic-strength that is not greater than about 40 mM.
  - 76. The composition of claim 75, wherein said rhIFN-β or biologically active mutein thereof is unglycosylated.
    - 77. The composition of claim 76, wherein said mutein is hIFN- $\beta_{ser17}$ .

- 78. The composition of claim 75, wherein said buffer is present at a concentration of about 5 mM, said pH is about 5.0, and said ionic-strength is not greater than about 20 mM.
- 5 79. The composition of claim 75, wherein said composition is a liquid or a dried form, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
- 80. The composition of claim 75, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.
  - 81. The composition of claim 75, further comprising about 9% trehalose by weight per volume.
  - 82. A method for increasing solubility of interferon-beta (IFN-β) or biologically active variant thereof in a pharmaceutical composition in the absence of human serum albumin, said method comprising preparing said composition with a low-ionic-strength formulation, wherein said low-ionic-strength formulation is a solution that comprises a buffer in an amount sufficient to maintain the pH of said composition within plus or minus 0.5 units of a specified pH, where the specified pH is about 3.0 to about 5.0, said formulation having an ionic strength that is not greater than about 60 mM, and incorporating said IFN-β or biologically active variant thereof into said composition.
- 25 83. The method of claim 82, wherein said buffer is present at a concentration of about 1 mM to about 30 mM.
  - 84. The method of claim 83, wherein said buffer is present at a concentration of about 2 mM to about 5 mM.

- 85. The method of claim 84, wherein said specified pH is about 3.0 and wherein said buffer is glycine.
- 86. The method of claim 84, wherein said specified pH is about 4.0 and wherein said buffer is aspartic acid.
  - 87. The method of claim 84, wherein said specified pH is about 5.0 and wherein said buffer is sodium succinate.
- 10 88. The method of claim 82, wherein said composition further comprises a non-ionic tonicifying agent in an amount sufficient to render said composition isotonic, wherein said non-ionic tonicifying agent is trehalose.
- 89. The method of claim 82, further comprising the step of preparing a dried form of said composition, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
  - 90. The method of claim 82, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.
  - 91. A pharmaceutical composition produced according to the method of claim 82.
- 92. A method for preparing an HSA-free pharmaceutical composition comprising substantially monomeric interferon-beta (IFN-β), said method comprising preparing said composition with a low-ionic-strength formulation, wherein said low-ionic-strength formulation is a solution that comprises a buffer in an amount sufficient to maintain the pH of said composition within plus or minus 0.5 units of a specified pH,
  30 wherein the specified pH is about 3.0 to about 5.0, said formulation having an ionic

strength not greater than about 60 mM, and incorporating said IFN- $\beta$  or biologically active variant thereof into said composition.

- 93. The method of claim 92, wherein said buffer is present at a concentration of about 1 mM to about 30 mM.
  - 94. The method of claim 93, wherein said buffer is present at a concentration of about 2 mM to about 5 mM.
- 10 95. The method of claim 94, wherein said specified pH is about 3.0 and wherein said buffer is glycine.
  - 96. The method of claim 94, wherein said specified pH is about 4.0 and wherein said buffer is aspartic acid.
  - 97. The method of claim 94, wherein said specified pH is about 5.0 and wherein said buffer is sodium succinate.
- 98. The method of claim 92, wherein said composition further comprises a non-ionic tonicifying agent in an amount sufficient to render said composition isotonic, wherein said non-ionic tonicifying agent is trehalose.
  - 99. The method of claim 92, further comprising the step of preparing a dried form of said composition, wherein said dried form is selected from the group consisting of a lyophilized form, an air-dried form, and a spray-dried form.
    - 100. The method of claim 92, wherein said composition is an aqueous or nonaqueous solution, an aqueous or nonaqueous suspension, or a dry powder form that is suitable for delivery to a subject by pulmonary inhalation.

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- 101. A pharmaceutical composition produced according to the method of claim 92.
- 102. A formulation for the diagnosis, prevention, or treatment of diseases
   responsive to therapy with interferon-β (IFN-β), said formulation comprising the pharmaceutical composition according to claims 1, 36, 61, 68, or 75.